



Lénablou, since her encounter with Jacqueline Cachemire-Thôle at the age of six, was moulded by dance and has set her heart into Gwo-ka. She discovers the dancer-interpreter trade alongside Jean Nanga (Modern jazz teacher) and collaborates with many Guadeloupians artists including Director Gerty Dambury and musicians Luther François, Jacques Marie-Basses but also Charly Chomereau-LaMotte, Daniel Trépy.

Thanks to her experience, Lénablou pursues simultaneously her nurse and dance training before moving to Paris in 1986. She then gets her **D.E.U.G in Dance (2 year University Course)** and her **Diploma of Choreographic Interpretation in Jazz at the Sorbonne University - Paris IV.**

In parallel of theoretical classes, she participates in many practical workshops involving all techniques both in Europe, the United States, in the Caribbean and mixing with the greatest

including Bruce Taylor, Carolyn Carlson, Walter Nicks, Alvin Mac Duffy, Anna Czajun, Jacqueline Fynaert, Dominique Bagouet, Alphonse Thiérou, Ikéda, Joe Alégado, Faust, Pascale Couillaud Frey Carlotta among others...

At the beginning of the 90s, she renews her experience as a dancer alongside choreographers such as Quentin Rouiller or Jean-Jacques Vidal. She also collaborates with many international dancers: Shantala Shivalingappa (India), Dayron Napolès (Cuba), Vittorio Bertolli (Italy), Vitolio Jeune (Haiti).

Since 1995, Lénablou's dancer-interpreter qualities were essentially expressed within The Trilogie Co but also in art performances in collaboration with visual artists, musicians, filmmakers...