



Gwo-ka, is a quadruple entity: dance, music, instrument, song. The seven rhythms which make the music Gwo-ka (*Toumblak*, *Woulé*, *Padjembèl*, *Menndé*, *Graj*, *Kaladja*, and *Léwòz*) can only but cause creativity among our local artists, inventors of various trends, new dances, of different music and plural theatres.

“Gwo-ka is a dance of improvisation by excellence, a dance of the instinct, of the

moment. (...) Gwo-ka, dance of resistance, of resilience and adaptation: Dance of Life”

Lénablou, Techni' ka,

Editions Jasor, 2005.